



"Striving to be disciples, in the Way of Jesus, by loving, serving and healing in the Name of God"

WEEKLY WORSHIP

Sundays 8 & 10 AM

Holy Eucharist

10 AM service on YouTube

Wednesdays 8 AM

Healing Eucharist

Thursdays 11:30 AM

Centering Prayer

SPECIAL EVENTS

Lenten Quiet Day

Sat., Mar. 16th, 10 AM,
March Room

Messy Church

Sat., Mar. 23, 4:30 PM
Nelson Hall
Bring pasta sauce or salad.

HOLY WEEK SERVICES

Palm Sunday

Mar. 24th

8 AM and 10 AM, Eucharist

Maundy Thursday

Mar. 28th

6 PM, Potluck and Eucharist

Last Names A-M, Salad

Last Names N-Z, Main Dish

7:30 PM, Tenebrae Service

Good Friday

Mar. 29th

12-3 PM Seven Last Words

Ecumenical Service

Holy Saturday

Mar. 30th

9 AM Liturgy of the Word

7 PM Easter Vigil

Easter Sunday

Mar. 31st

8 AM and 10 AM, Eucharist

11:15 AM Easter Egg Hunt

FROM THE RECTOR MARCH 2024

In the tender compassion of our God, the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace. Luke 1:78-79



The dawn is breaking upon us earlier each day as we approach the hope of Spring. The return of more daylight reminds me of the great abundance of God's love for us. Birds are slowly reappearing, and we hear more birdsongs each time we venture into the deceivingly cold, sunny days. I feel gratitude as I thank God for helping us all through the dark months of winter. What an experience of God's extravagant, abundant love.

I read in this month's *Day by Day* (p. 56) that Holy Week is a time - to contemplate how we offer ourselves to a God who loves us more than we can ask or imagine. Perhaps our own acts of self-devotion to Christ might transform the world physically, mentally, and spiritually so that others might see what wondrous love it is that we encounter in Jesus.

Let's start our Holy Week a little early this year. On March 23 we will host our first Messy Church gathering at St. David's. Messy Church is a chance to share fun, food, fellowship, and prayer with folks who may not be able to worship on Sunday mornings. I hope you plan to come and bring a friend as we gather in Nelson Hall to make Easter crafts and eat a Spaghetti Supper. Parishioners are asked to bring your favorite pasta sauce or a salad to share. The Messy Church Team will provide the pasta!



I pray that our practice of abundant hospitality at St. David's will help spread the tender compassion of our God and the wondrous love we encounter in Jesus. May you enjoy a blessed Holy Week and Easter!

**St. David's Episcopal Church, 205 Old Main Street
South Yarmouth, MA 02664-4529,
Telephone 508-394-4222**

WARDEN'S WINDOW - March 1st is upon us. In Wales, St. David, our patron saint, is being celebrated! Daffodils, leeks, and Welsh cakes immediately come to my mind. St. David said "Be joyful, keep the faith and do the little things that you have heard and seen." I have been reflecting about how to keep faith and 'do the little things'. Our deacon, Marilyn McMillan, must have been reading my mind as in her sermon on Sunday, February 18th, she encouraged us to make inner space in order to be open to God.



When pondering space I think how St. David's shares its physical space with a variety of groups- the Yarmouth Retired Men's Club, to the Orchid Society and Girl Scouts to name just a few. Last Monday, I stopped in the sanctuary and saw a group of young people from Project Forward helping to clean the sanctuary. Project Forward, sponsored by Cape Cod Community College, is a nationally recognized program that provides vocational training for students with intellectual disabilities. What a wonderful way to share our physical space.

But like Marilyn, I have been focusing on a different kind of space, a space that is personal and, I believe, at the heart of our faith, our inner space. There are spiritual practices that can assist us as we work to make inner space for our relationships.

For the past several weeks, a group of parishioners has been meeting on Wednesdays and learning about several kinds of spiritual practices. Some practices were new to me, and some were familiar. Spiritual practices that were tactile in nature, like walking the labyrinth and using prayer beads, were relatively easy for me to understand and use to find my inner space. However, the spiritual practices of meditation and mindfulness were a huge challenge for me. For Lent, I'm making an intentional choice to work on growing inner space through meditation and mindfulness. I am purposely making time daily to be quiet, to listen and be mindful so God can enter my inner space. Admittedly, it will be a challenge for me. My mind often wanders and wants to jump to making to do lists or my shopping list or for all kinds of other distractions. I call this my monkey brain, as I'm all over the place, and it certainly is not leaving the door to my head and my heart open to hearing God's word. However, I have faith that God will guide me.

As we learned about these practices, we also experienced the value of learning in a supportive group. I invite you to come check out the Spiritual Practices group on Wednesdays at 11:30 am in Kimber Chapel. The Stations of the Cross on Fridays at 5:00 pm is another opportunity during Lent. Check the Shore Line for other opportunities to grow your spiritual practices and to grow your inner space. Judy Lundsten, Warden

VESTRY HIGHLIGHTS FROM FEBRUARY 17th MEETING -- Submitted by Janis Rennie for the Vestry

- ◆ Parishioners continue to support DYECH, food pantry, TakeAway Meal and Paper Pantry programs financially and with their time. The programs continue to grow.
- ◆ Special Ministries met and distributed \$2800 among American Red Cross, Association to Preserve Cape Cod, Duffy Health Center, Emerald Hollow Therapeutic Riding Center, Inc., ERD, Home for Our Troops, Homeless not Hopeless, Tommy's Place, Sight Loss, Samaritans, St. David's Paper Pantry and TakeAway Meal programs.
- ◆ Wendy shared a written report about the DIT (Diocesan Investment Trust), explaining the various funds and the various restrictions on them.
- ◆ Motions were passed to accept the audits for 2022 and 2023 as well as the Parochial Report. They were signed and sent to the Diocese.
- ◆ St. David's will host the Cape and Islands Deanery meeting on May 30th.
- ◆ Plans for the Holiday Fair continue. Robin Ward would like suggestions for the Door Prize.
- ◆ Thrift Shop had a great strong day, the day of the Valentine Cookie Sale.
- ◆ Cameras for the entrances have not been ordered yet as there is more to be considered before doing so.
- ◆ A motion was made, seconded and passed to approve a revised Alcohol Policy (to keep our policy more in line with the Diocesan policy).
- ◆ Sun Wealth has a meeting with Yarmouth Planning Board concerning our solar project for the parking lot.
- ◆ An Easter-themed Messy Church will be held Saturday, March 23 from 4:30 to 6:00.
- ◆ Marilyn has gathered a transition team to pick up her tasks when she retires. Andi is recruiting a committee to plan a farewell for Marilyn June 29-30.



ST. DAVID'S PRAYER LIST - Kathryn Anschutz; Alex Baker; Ellie Baker; Jeffrey Baker; Tyler Baker; Kathleen and Richard Banks; Debra Barclay; Dorothy Carpinteri; Mary Carney; Kerry Clair; Sandra Cole; Savannah Curro, Karen Ferguson; Joseph Gora; Elisabeth Growitz, Barbara Hall; Mark Halvorsen; Bonnie Harrelson; Bill Heins; Savannah Heins; Barbara Henderson; Linda Johnston; Ward & Linda Kaiser; Nikki Kay; Billy Mahlock; Sally Michael; Matthew Neal; Betty Norton; Sunny O'Neill; Sean Parent; Shirley Peterson; Steve Purdy; Anthony Rhodes; Monica Schmidt; Jack Senesac; Sue Shaw; Henry and Patricia Skerry; Jessica Smille; Nancy St. Germain, Ray St. Germain, Radcliff Smith, Lenore Tagan; Barbara Waas; Sally Walker; Erin Walsh; Barbara Wenberg; Alan, Austin, Brian K., Emily, Ernie, Danielle, Heather, Jackie, Lisa, Mariella, Marina, Nancy, Sheila, Stephanie, and the Bates, Hastings, Jordan, King, Martin-Estus and Taber families who mourn the loss of a loved one in the past year.

PRAY FOR OUR MILITARY FAMILY

MSGT Allen Bachand, Jr. USAF
LCPL Tyler Baker, USMC
CAPT Carolyn Bockrath, US Army
SGT Michael Bremer, USAF
QM1 Spencer Calvin
SGT Christopher Carlson, USAF
LCPL Preston W. Hatch, USMC
SGT Daron Hogan, USMC
SGT Connor Grace-Linnehan, US Army
LCPL Christopher Metner, USMC
SGT 1C James N. Miller, USANG
LT Erika Papenfuss, USN Nurse Corps
SGT Donovan Ramsay, USMC
PFC Andrew Scherbarth
Jonathan Spahr, USN
CAPT Noah W. Taylor, US Army
LT Kyle Treacy, USN
Endue them with courage and loyalty, and grant that they may serve without reproach; through Jesus Christ our Lord, Amen.



Prayer Cards - Prayer Cards are in the pews and on the table at the back of the church. After filling one in, please put it in the Prayer Box on the back table. The cards are picked up regularly and the requests, which are kept confidential, are passed on to the Prayer Group members. Elizabeth Rixham

Coffee with God
March 9th
10:00 - 11:30 am



Join us in the Kimber Chapel for coffee and conversation about our spiritual journeys. Please bring your own coffee.
 Rev. Andi Taylor, Rector

LENTEN FRIDAYS-

**Stations of the Cross 5pm,
 March 1, 8, 15 and 22**



Join us as we gather in the Sanctuary or outdoors (weather permitting) to walk and pray through the Stations. Then stay afterwards for soup, reflection and fellowship.

ALL ARE WELCOME, Marilyn McMillan



LENTEN QUIET DAY

**Meeting Jesus
 in the Wilderness
 and the Garden:**

Through Bible study, quiet reflection, journaling and guided meditation
 Sponsored by the Society of the Companions of the Holy Cross and led by the Rev. Gail Smith
 9:30 Coffee/Tea
 10:00 Program begins
 12:00 Simple Communion service
 12:30 Lunch
 Please register in the Common Room and bring your own journal and pen. - Becky Alden

SPIRITUAL FORMATION COMMITTEE

The Spiritual Formation Committee meets on the third Wednesday of each month in the March Room at 10 am. We plan a variety of programs focused on education, social justice, spiritual development and becoming a beloved community. We welcome new members and ask parishioners to contact us with ideas, topics and comments on subjects for future programming. Please feel free to contact Judy Lundsten at 401-248-4603 or jlundsten6@gmail.com.

NEWS FROM THE DEACON - *Healing Our Guts*



The Boston Globe Magazine on Sunday, February 25, 2024, offers an informative article, "Your Guide to Better Gut Health," by Veronique Greenwood. It's all about research-based nutritional ideas for how to help the microbes in our intestines - the "gut microbiome" - keep us physically healthy. Greenwood closes with this: "the next frontier of understanding our health will increasingly be linked to the world living inside each of us."

In a similar way, our spiritual health is deeply connected to the world living inside each of us. It's the inner spirit world so eloquently described by Howard Thurman in his book, *Meditations of the Heart*: "There is in every person an inward sea, and in that sea there is an island, and on that island there is an inner altar, and standing guard before that altar is the 'angel with the flaming sword.' Nothing can get by that angel to be placed upon that altar unless it has the mark of your inner authority. Nothing passes 'the angel with the flaming sword' to be placed upon your altar unless it be a part of the 'fluid area of your consent.' This is your crucial link with the Eternal."

This season of Lent is an opportunity to pay special attention to our inner altar, to get better acquainted with our angel who guards it, and to explore our inward sea - that "fluid area of our consent," so that our crucial links with the Eternal, with ourselves, and with others become ever stronger and healthier. The rituals and practices of Lent offer individual and communal settings for opening our innermost spaces to feel the loving, merciful safety of God with us, no matter what. Consider it a dose of probiotics bolstering our spiritual guts.

In Session 10 of the updated curriculum for Sacred Ground, which we first used last fall, one addition is a 50-minute podcast entitled "Notice the Rage; Notice the Silence," available [HERE](https://onbeing.org/programs/resmaa-menakem-notice-the-rage-notice-the-silence/). (https://onbeing.org/programs/resmaa-menakem-notice-the-rage-notice-the-silence/) In this episode from June 2020 of the program On Being, Krista Tippett interviews Resmaa Menakem, MSW, LICSW. Mr. Menakem "is a Minneapolis-based therapist and trauma specialist who activates the wisdom of elders, and very new science, about how all of us carry in our bodies the history and traumas behind everything we collapse into the word 'race.' [He offers] his intelligence on changing ourselves at a cellular level — practices towards the transformed reality most of us long to inhabit. Mr. Menakem is the author of *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* (2017).

In the podcast and in the book, Mr. Menakem addresses trauma we all inherit, e.g.,:

"One common (and often overlooked) trauma response is what I call trauma ghosting. This is the body's recurrent or pervasive sense that danger is just around the corner, or something terrible is going to happen any moment." That physical sense of danger can be sparked by our own experiences, as well as by some long ago experiences of our forebears. We may well have observed and inherited their "impending danger" reaction without knowing its source. In the podcast and in the book Mr. Menakem offers practical ways to notice our inexplicable reactions and reduce their adverse impacts on our inner seas and our interactions with others and God.

With ever-healthier spiritual guts, may we pray: Grant, O God, that your holy and life-giving Spirit may move every human heart, and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ, our Lord. Amen.

(Prayer for Social Justice, BCP p.823)

The Rev. Marilyn⁺

Environmental/Social Justice News

A group of us interested in learning more about Wampanoag history and recognizing that our church lies on Wampanoag lands has been meeting after church for a couple of months. We plan to invite a Wampanoag historian, Linda Coombs, to come for a potluck supper and information session sometime this spring. Several of us have heard her speak in Falmouth this past winter.

We have also decided to participate in the upcoming Wampanoag Earth Day Celebration called "Honor the Earth Fair" to be held on Saturday, April 20 at the Mashpee Tribal Headquarters. Saint David's will be entering a Wampanoag cooking contest. In addition we plan to have a scripture prepared in the Wampanoag language for our Pentecost Service. If anyone else would like to join us please see Marilyn or Becky Alden.

Submitted by Lyn Solomon

MESSAGE FROM THE MUSIC DIRECTOR . . .



For this month's column I have chosen to depart from my usual practice of writing a linear essay on one particular subject. There are a few unrelated items I would like to share with you -- therefore I'll take this opportunity to do so.

1. Last month I shared some forgotten verses from The Hymnal 1940 Companion. I then went on to explore another section of the book that focuses on the hymn writers. What most amazed me was the omission of "Amazing Grace" from the biographical piece about writer John Newton. Of course there was a reason behind that. "Amazing Grace" was not included in the 1940 Hymnal! Despite Newton's status as an Anglican who became a priest, "Amazing Grace" was presumably considered a folksy hymn embraced by Baptists and Methodists but not befitting the more urbane Episcopalian repertoire.

2. We have several exciting musical happenings coming up. On Saturday, April 27 we will once again enjoy a Celtic service featuring Beverly DiPaolo on flute. Sunday, May 5 will be our next hymn sing streamed from Nelson Hall. Then on Sunday, June 23 I am delighted to have the super-talented Joe Dudzinski substituting for me. Joe is firmly rooted in the Episcopalian tradition, having served Christ Church in Plymouth and St. Peter's in Osterville. Later in the summer we will have another special Saturday service which we will know more about by the time you read this column.

3. Finally, WE NEED SOPRANOS in our choir. All parts are important, but sopranos carry the melody line and are thus vital to both congregation hymns and choir anthems. I can practically guarantee we are the only church on Cape Cod where the tenors outnumber the sopranos. If you sing soprano or notice someone in that range sitting in the pews, please approach me or a choir member. We would love to have you.

As I write this, Sunny O'Neill has decided to return to the soprano section after an absence of several years! The Holy Spirit is truly at work here at St. David's. Of course there is always room for more so let me know if you would like to join.

John K. Read

Special Ministries Committee met on February 10 at 9 am to disperse 4th quarter earnings for 2023. The total of \$2800 was given to the following organizations: American Red Cross (Local Chapter), Association to Preserve Cape Cod, Duffy Health Care Center, Emerald Hollow Therapeutic Riding Center, ERD (earmarked for the Episcopal Diocese of Jerusalem), Homes for Our Troops, Homeless Not Hopeless, Samaritans, Sight Loss, St. David's Paper Pantry and Takeaway Meal, Tommy's Place. We also added Esprit-Partnership for Independence to this quarter. Linda Halvorsen

Report of the Deanery Meeting held January 25, 2024 via Zoom

Dicky Allison is 'retiring' as secretary of the Deanery after 10 years of service. Kristin Meyer-Kaiser of St. Barnabas, Falmouth was elected to serve. Minutes and Financial reports were approved.

Diocesan Counsel had a retreat where they discussed the INVITE, WELCOME, CONNECT program, and the standards for Diocesan and Congregational Alcohol Policies concerning Clergy and Lay Persons.

Canon Kelly O'Connell announced new clergy: Alan Hesse at St. John's, Sandwich, Peter Feltman-Mahan at Church of the Messiah, Woods Hole and Melissa Howell at Christ Church, Plymouth. St. Mary's of Barnstable is interviewing rector candidates, and St. Christopher's of Chatham is in the self-study phase. St. Peter's on the Canal, in Buzzards Bay is looking for part time Clergy.

Canon O'Connell also mentioned that there are now, once again, 3 Regional Canons. Martha Hubbard, back from sabbatical; new, Gregory Perez and herself. "Maybe things will get back to normal".

We then had a discussion with the question proposed by Rev. Wolf of Nantucket—SPIRITUAL PRACTICES....RULE of LIFE. Time for Prayer? Time for Reflection? Time for Meditation? Marilyn mentioned how St. David's is having the EXPLORING SPIRITUAL PRACTICES during Advent and Epiphany. (There were some delegates interested in the program.)

Development Grants* are due by April 11th. Contact Canon O'Connell for more info.

May 30th St. David's will be the Host Parish for the Deanery Meeting.

*Diomass.org/resources/grants-loans/deanery-grants---letter-of-intent.

Respectfully submitted, Robin Ward

FROM THE PRIEST ASSOCIATE - *Palm Sunday and the Passion of our Lord Jesus Christ*



On Sunday, March 24th, Palm Sunday, we will be presenting a dramatic reading of the Passion at the 10 a.m. Service. This happens in place of the regular Gospel Proclamation. This year, I will be organizing a small group of people who will dramatically read the Passion, with the Congregation taking the part of the Crowd. We will also use a special edition of the Passion, developed by the Church's Lectionary translators, to take away the traditional tendency to cast blame upon the Jews for the crucifixion of Christ. This edition of the Passion is a Semitic passion, sensitive to all cultures historically present at the time of the crucifixion. Below are some historical notes which help explain our inclusive redaction of the Passion on Palm Sunday.

A note about Anti-Semitism and this Redaction of The Passion of Our Lord Jesus Christ

Most translations of the Passion of our Lord, including the New Revised Standard Version which is read at public services in this Church, render the Greek word *loudaioi* as, the Jews. Listening to the reading of the Passion, one might assume that the authors believe that the whole of the Jewish Nation was set against Jesus, and that resistance against Him could be understood in ethnic terms. The story went as follows: the Jews set out to get Jesus; they arranged His arrest; rigged His trial and conviction; and thus are responsible for His death. This rash generalization might easily be derived from reading the Passion, and as a result, the history of Christianity could be read as a history of reviling the Jews for what was considered their part in the crucifixion of Jesus. So it was, that support was found in the Passion Gospel (intended as a proclamation of the Good News of God's saving acts) for a vicious and cruel anti-Semitism, a system of racism and prejudice that resulted in discrimination, injustice, exploitation and genocide.

In New Testament times, *loudaioi*, Judeans, was primarily a geographical denotation within Palestine. Among Gentiles and the Jews of the Diaspora, it had a secondary religious meaning. For the Jews of Palestine, *Israel* was the name they used to describe themselves. Non-Judean Jews would be called *loudaioi* simply because they too had the religion proper to the *territory* of Judea. There are many instances in the Passion when it is clear that *hoi loudaioi* refers to the Sanhedrin and its officers. Just as not all Judeans were against Jesus, so only certain ones among the Jewish authorities were opposed to Him. People (individuals and groups) chose to respond to Jesus in ways that were personal to them. Some were for Him, mightily so, and some were against Him. We would do well to remember that the first Christians were Jews.

Following the lead of modern Biblical scholarship, we have decided to translate *loudaioi* as the people or the religious authorities, and we do so in a spirit of repentance for the anti-Semitism that has too often been supported by these passages, and with the commitment to honor the Jewish heritage on which Christianity is built.

Rev. Dr. David Angelica

THRIFT SHOP - Open Thursday and Saturday, 10am-2pm, donations accepted during open hours. New volunteers are always welcome! If you can commit, please drop in when we are open; we have a job for you!
ANNEX SALES -- Nelson Hall, March 2 -- crafts, repurpose, fabrics, yarn, antiques & oddities
March 23 -- books, media and jewelry
(no annex sales in April)



I would like to revive the St. David's Summer Fair during July, in conjunction with the food truck without a truck and bake sale. Many of our customers ask about it. For the new folks, it's a giant yard sale -- Annex Sale on steroids. In the past we have also had independent vendors on the front lawn. The fair requires lots of parish involvement, but it has always been a financial success. Please let me know if you think this is a worthwhile endeavor and if you are willing and able to help in some capacity.

Thank you and God bless. Marsha Fredericks

Takeaway Meal/Paper Pantry Report - February 2024 was Takeaway Meal Program number 84. This month 255 people received food and personal hygiene products. This marks seven years for TM/PP and over 20 years for the Paper Pantry.

HATS OFF to both programs for the ministry you provide to the Cape Cod community!

Since March 2023 we served **900 Attendees** representing **2,489 Adults** and **408 Children** totaling **2,897**. This is nearly 500 more than our 6th year.

THANK YOU – to all at St. David’s who give time and home-baked brownies. Special thanks to the monthly contribution of fruit by a faithful parishioner to help keep our costs down. Thanks to Stop and Shop for bread, and to Cape Cod Commercial Fishermen’s Alliance for fish chowder and their new *Clam Chowder*. We gave out samples of Clam Chowder and a bean salad that was made by a Barnstable County nutritionist. Leftover food items are now taken to the CHAMP House in Hyannis.

Many thanks for your donations to the Paper Pantry, and to Cape Cod Family Resource Center for donating toothbrush, toothpaste and dental floss kits. Our total distributed hygiene items included- 180 bars of soap, 95 tubes of toothpaste, 180 rolls of paper towels and 275 rolls of toilet paper, 95 bottles of shampoo and Kleenex. Our Public Health Nurse distributed COVID test kits. With SNAP benefits decreasing, these supplies are even more important to attendees.

We celebrate financial support from parishioners of St. David’s, the United Way, The Hunger Food Network, The Cape Cod Needy Fund, The Retired Men’s Club of Cape Cod, The Cape and Islands Deanery, The Yarmouth Rotary Club, The Aid to the Homeless Fund, The John B. Tew Family Fund of the Cape Cod Foundation, friends of St. David’s, and The Special Ministries Committee of St. David’s. We thank Flower Angels for providing flower arrangements.

Please note: 1. Brown paper bags are now being accepted again, 2. Cookies and Brownies (**no nuts, please**) must be dropped by 9:00 AM by Tuesday, 3. Please help us assemble Paper Pantry bags at 12:30 pm on Tuesday, March 19.

Thank you for responding to all our needs. If you have questions, please speak to Richard or Kathleen Banks, Meredith Krueger, Elizabeth Rixham. or Chris Morassi.



DYECH CARING CARDS - We move into March with a little warmer weather (I hope) and the thoughts of Spring and Easter coming! I want to report on two very important subjects. First off, our Caring Card sales for the four Sundays in February totaled \$5,455. This is not very good, and I know we can do better. That averages around \$1,350. a week. Remember our goal was \$1,500 per week. The second item is that DYECH just gave Housing Assistance Corporation \$6,000 to be used for their Homeless Prevention Program. That is excellent. Our last donation to them was in December, so this one was over a 2 month period. HAC can help a lot of folks with a bill of some kind, so they do not lose their home. This could be a rent payment, utility, car repair, etc. Do you think we can do better in March? There are five Sundays in March, and we should be able to get to around \$7,000. Remember, for every card purchased at least 5 per cent goes to HAC....some cards give more. For the remaining Sundays in Lent, please make it a practice to purchase cards from DYECH and our sales will be elevated along with our donation to a great program. Claire Tyner, Sec., DYECH

FOOD BASKET REPORT - With one week to go, our total for February was 450 items for The Hands of Hope Food Pantry. Another good month! The current WISH LIST is: SOUP, SOUP, SOUP; Spaghetti; Spaghetti Sauce; Cereal; Mayo; Ketchup; Vegetable Oil; Canned Corn; Boxed Mashed Potatoes; Juice Boxes and Kids’ Snacks; Canned Pineapple; Brownie, Cake or Corn Muffin Mix; Hamburger Helper; Tuna; Spam; Beef Stew; Canned Chicken. Lots of choices! You may leave your contributions on the pew at the back of the church. Thank you everyone who enables St. David’s to respond to the needs of The Food Pantry! Elizabeth Rixham, 508-385-7450





FUEL ASSISTANCE PROGRAM

At the March 20th TakeAway Meal Program and Paper Pantry we will have a representative from the

South Shore Community Action Council to talk with attendees about fuel assistance programs that are currently available. If you would like to learn more about these programs please stop by Nelson Hall between 1:00 PM and 3:00 PM. If you are unable to attend please let me know and I will set aside some informational materials for you. Delight in the Lord, Richard 508-221-6148



Blood Drive at St. David's

March 5, 12- 4:30 PM

Nelson Hall

The Red Cross Blood national supply has fallen by about 25% since early August. Right now, blood product support distributions to hospitals are outpacing the number of blood donations coming in. So please consider donating this month. Register for an appointment at www.RedCrossBlood.org

Thank you! Becky Alden



DID YOU KNOW?

Our Greeting Team, organized by Richard & Kathleen Banks, for 10 AM and Jean and Ken Blake for 8 AM gives Newcomers a gift bag with bread, and kids' bags have activities to play during worship.

ST. DAVID'S MEN'S GROUP

NEXT MEETING

Thursday, March 21, 6 PM

in the Common Room



ST. DAVID'S EPISCOPAL CHURCH

**205 Old Main Street
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Office Hours: Mon-Thu 9:00am-1pm,
Website: www.stdavidscapecod.org**

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