



*Striving to be disciples in the WAY of Jesus by loving, serving and healing in the Name of God.*

### WEEKLY SERVICES

**Sunday Holy Eucharist**  
8 AM and 10 AM

10 AM service on YouTube

**Wed. Healing Eucharist**  
8:00 AM

**Thurs. Meditation Group**  
11:30 AM

### SPECIAL EVENTS

Sunday, May 7th  
Guest Celebrant/Preacher  
Rev. Mark Anschutz

Thursday, May 18th, 9 AM  
Ascension Day Eucharist

Saturday, May 20th, 10 AM  
Coffee with God

Sunday, May 21st  
Guest Preacher Reverend  
Kelly O'Connell, Regional  
Canon

### MEMORIAL SERVICES

May 13th, 10:30 AM  
Diane Gibson

May 20th, 3 PM  
Jan Darling

### FROM THE RECTOR

*"There is something invigorating about treading on the edge of the familiar, pressing beyond the border of the known, and reaching out to new horizons." David Adam, Border Lands*

As I assemble a journal for the pilgrims going to St. David's Cathedral, Wales on May 23, I keep returning to the question of why we go on pilgrimage in the first place? We are all seekers, like the first disciples who dropped their nets to follow Jesus. We proclaim in our baptism that we will follow Jesus wherever he leads. Pilgrimage is an opportunity to pare away our daily comforts and distractions, put ourselves in a vulnerable position as travelers, and expose ourselves to dependence upon God as our guide. The pilgrims who go to Wales will immerse themselves in Celtic scenery, history, language, and prayer. We hope to discover what Timothy Joyce describes in Celtic Christianity as "a faith hammered out on the margins of Europe ... close to nature, to the elements, to God, ... and often to poverty." We will be proud to make our communal gift to the Cathedral Choral Scholars who honor St. David, "a help to the needy and a friend to the lonely, a father to the faithful," as sung in the oratorio *Dewi Sant* by Arwel Hughes. Six pilgrims will return on May 31, while my husband and I stay for an extra week in Wales to begin my sabbatical.

It occurs to me that as a congregation, you will be going on your own pilgrimage throughout the summer, with David Angelica and Marilyn as your spiritual guides. You may feel things get shaken up even sooner. Over the course of May, there will be a different preacher in the pulpit each Sunday: Mark Anschutz, me, Kelly O'Connell, and David Angelica. I hope the different voices prepare you to start seeing and knowing God's glory in new ways. I leave you with this prayer to ask God's blessings until I rejoin you all September 17.

Be Opened – by David Adam

Lord, open our lips, and our mouth shall declare your praise.  
Lord, open our eyes, and our seeing shall behold your glory.  
Lord, open our hearts, and our feeling shall know your love.  
Lord, open our minds, and our thinking shall discover your wonders.  
Lord, open our hands, and our giving shall show your generosity.  
Lord, open our lives, and our living shall declare your Presence.

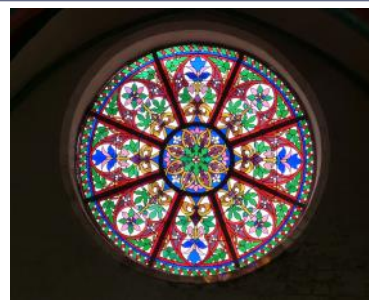
MAY 2023



**St. David's Episcopal Church, 205 Old Main St.  
South Yarmouth, MA 02664, 508-394-4222**

## WARDEN'S WINDOW

This past Saturday I led my first Vestry meeting in a number of years. As I listened to members, and heard their reports, I realized just how much there is going on here at St. David's. (And we only touched on some of the ministries and projects!) A number of years ago, The Rev. David Angelica introduced me to a prayer that appears in our Book of Common Prayer on page 461. Over the past six weeks as I healed from my hip replacement, this prayer helped to keep me "real". I'd like to share that prayer with you. I hope you find it as helpful as I did. "This is another day, O Lord. I know not what it will bring forth, but make me ready Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus." Amen.



Peace, Don Blackwell, Warden

## VESTRY HIGHLIGHTS FROM APRIL 15th MEETING

- ◆ Parishioners continue to support DYECH, the Food Pantry, the TakeAway Meal and Paper Pantry programs financially and with their time.
- ◆ The Vestry is concerned with the condition of the appliances and equipment in the Nelson Hall kitchen. A motion was passed to authorize the expenditure of up to \$1,500 to get a professional cleaning of the appliances and equipment before they are moved out of the kitchen for the floor replacement. The Vestry also discussed locking the door when groups do not reserve use of the kitchen when using the main hall and making groups using the kitchen aware that it must be left "as clean as it was found".
- ◆ A motion was passed to spend up to \$150 to install a push bar on the Common Room door that leads out to the parking lot and the Mission House.
- ◆ Lenten and Easter events (Newcomers Brunch, Episcopal 101, Barbara Rockefeller's art display, etc., were well attended. Special thanks was expressed to members of the Vestry and others who worked to put on these events. )
- ◆ On May 21, we will host our Regional Canon Kelly O'Connell; Rev. David Angelica will be here starting May 28; Sue Lederhouse will be here July 16 and August 20 when David is at St. Andrew's; Andi's return will be Sunday, September 17; Bishop Gallagher will be here on October 15.
- ◆ Diane Gibson's funeral will be May 13<sup>th</sup> at 10:30; Jan Darling's funeral will be May 20<sup>th</sup> at 3:00.
- ◆ Planning continues for the formation of a Men's Club.
- ◆ Plans are underway to provide transportation and a meal for parishioners who are no longer able to get to church in person.
- ◆ Planning also continues for fundraising events such as the *Food Truck without a Truck* (July 8) the Christmas Fair (November 11) and a Tea and Fashion Show (date TBD).

Submitted by Janis Rennie for the Vestry

## PRAY FOR OUR MILITARY FAMILY

*MSGT Allen Bachand, Jr. USAF*  
*LCPL Tyler Baker, USMC*  
*CAPT Carolyn Bockrath, US Army*  
*SGT Michael Bremer, USAF*  
*QM1 Spencer Calvin*  
*SGT Christopher Carlson, USAF*  
*LCPL Preston W. Hatch, USMC*  
*SGT Daron Hogan, USMC*  
*SGT Connor Grace-Linnehan, US Army*  
*LCPL Christopher Metner, USMC*



*SGT 1C James N. Miller, USANG*  
*CAPT Justin Miranda, US Army*  
*LT Erika Papenfuss, USN Nurse Corps*  
*LTCPL Donovan Ramsay*  
*PFC Andrew Scherbarth*  
*Jonathan Spahr, USN*  
*CAPT Noah W. Taylor, US Army*  
*LT Kyle Treacy, USN*  
*Endue them with courage and loyalty, and grant that they may serve without reproach; through Jesus Christ our Lord, Amen.*

**ST. DAVID'S PRAYER LIST** - Kathryn Anschutz; Alex Baker; Ellie Baker; Jeffrey Baker; Tyler Baker; Richard Banks; Debra Barclay; Dorothy Carpinteri; Mary Carney; Kerry Clair; Sandra Cole; Olivier DeWeck; Mary and Michael Everett-Patriquin; Karen Ferguson; Joseph Gora; Barbara Hall; Mark Halvorsen; Heather; Bill Heins; Savannah Heins; Barbara Henderson; Joan Isenberg; Linda Johnston; Mariella; June Jordan; Ward & Linda Kaiser; Nikki Kay; Bellamy Korn; Billy Mahlock; Kathleen Martin-Estus; Lisa McLean; Sally Michael; Matthew Neal; Betty Norton; Sunny O'Neill; Anthony Pillsbury; Steve Purdy; Anthony Rhodes; Monica Schmidt; Jack Senesac; Sue Shaw; Henry and Patricia Skerry; Jessica Smille; Scott Smith; Lenore Tagan; Barbara Waas; Sally Walker; Erin Walsh; Barbara Wenberg; Nathaniel, Ernie, Danielle, Stephanie, Emily, Lisa, Sheila, Brian K; and the Darling, Doane, Hunt, Lohman, Olander, Pike, Richardson, Saccocia and Ward families who mourn the loss of a loved one.

### **EBBS AND FLOWS** **Baptism**

**Benjamin Scott Campbell**  
**April 8, 2023**

**Mark your Calendars**  
**Special Ministries Meeting**  
**Saturday, May 13, 9 AM**  
**March Room**



### **HISTORY CLOSE TO HOME**

Finding Your connection to Boston's Black Freedom Movement  
Tuesday, May 30, 2023 at 6 PM  
Sturgis Library, 2090 Main Street (Route 6A), Barnstable Village  
Join Parishioner Sara-Ann Semedo, Academic Coordinator at Cape Cod Community College and host of Intentional Critical Conversations, to learn about the leaders who pushed for extraordinary change in Boston during the civil rights era and beyond.  
To Register call 508-362-6636

### **HEALING PRAYER MINISTRY**

Are you in need of prayer? Or, do you know someone who needs prayer? Each Sunday morning during Communion at the 10:00 A.M. service, prayer ministers are available in the Kimber Chapel to pray with anyone who would like to receive prayer. At the 8:00 A.M. service, prayer is offered after the service. Your prayer might be for physical healing, a spiritual struggle, comfort from loss or loneliness. Whatever burden is on your heart, either for yourself or for someone else, the prayer ministers will lovingly join with you in bringing your need before God. Perhaps you've received a blessing that you'd like to give thanks for. Let us rejoice with you! Scripture tells us that there is power in prayer when two or three are gathered! Janet Tapply



## NEWS FROM THE DEACON - The Rhythm \* of the Psalms



Among my favorite memories of my years in formation to become a deacon are the times every month when we'd join the Sisters of St. Anne in worship in their beautiful chapel at their convent, Bethany House, in Arlington MA. Our monthly formation weekends began, for example, with Evening Prayer on Friday. The quietly contemplative tone of the service drew us together. Shedding the week's distractions, our hearts began opening to God and each other.

For me, a highlight of the service was praying the Psalm together. We sat in the choir area of the chapel, two rows on each side, facing the folks across the aisle. We spoke the appointed Psalm antiphonally: folks on one side said a verse; the other side then said the next one. Sister Ana Clara, the Mother Superior, set the pace. With her gentle and determined voice, she led us in a measured tempo. She taught us to breathe at the asterisks - a silent full breath in and a silent full breath out - before proceeding to speak the rest of a verse. Another silent breath in and out before the next verse. Each fall, when we returned from our summer break and new postulants joined our ranks, it took some effort for Sister Ana Clara to get us all back into the collective rhythm of the Psalm. The result was worth the effort. The cadence drew me individually and us as a community together, away from our crazy lives and into sacred space.

In his book, *Answering God: The Psalms as Tools for Prayer*, Eugene H. Peterson writes an entire chapter about the rhythm of the Psalms. Here's a sample :

"The pre-Genesis condition of the cosmos is our own inner life - tohu and bohu - without form and void. Things are not right; we are not right. ... And so we pray. Directed by the Psalms, we begin our praying by listening. ... Disorder gives way, piecemeal, to order. Chaos becomes cosmos. The language is rhythmic - cadence and repetition and rhyme. God speaks creation into existence. ...

"All the psalms are given to us in the form of poetry. Prayer is rhythmic, using language to integrate our blessings to our breathing, adjusting the internal rhythms of our lives to the external rhythms of creation and covenant. Our core being is expressed in language that follows the rhythm of our life, inhalation and exhalation. ... We can, of course, pray in a frenzy, thrashing about. Much prayer necessarily begins that way, but we pray better, and best, when we let the rhythms of the creating word of God work themselves into the rhythms of our living." (pp 59-60)

It turns out our Book of Common Prayer offers useful guidance on pages 582-583, "Concerning the Psalter," for praying the Psalms individually and in community. Here's a snippet:

"The version of the Psalms which follows is set out in lines of poetry. The lines correspond to Hebrew versification, which is not based on meter or rhyme, but on parallelism of clauses, a symmetry of form and sense. The parallelism can take the form of similarity ... or of contrast. ... An asterisk divides each verse into two parts for reading or chanting. In reading, a distinct pause should be made at the asterisk." [Breathe in and out.]

Our Service of Tenebrae on Maundy Thursday evening of Holy Week features our lectors and congregation reading several Psalms, as the candles on the stripped altar are extinguished one by one. This year, I noticed, we all had some difficulty getting together on the rhythm of the Psalms, especially on what to do with the asterisks. It brought me back to those early fall formation weekends with Sister Ana Clara, when she gently and firmly guided our cacophonous individual voices into a shared communal rhythm, noticing the words and their meaning. In our Sunday and Daily Liturgy of the Word, the Psalm gives us our turn to respond as the whole church to the Scripture lessons \* and to deepen our connections with God and one another.

PEACE!

*The Rev. Marilyn +*

### SACRED GROUND INFORMATION SESSION

On Sunday, May 7, 11:30-12:30, in the March Room, all are invited to an information session with Rev. Marilyn and other alums about Sacred Ground. Beginning this spring, we'd like to again offer the 11-session film- and reading-based dialogue series on race, grounded in faith. Schedule of the sessions, about two weeks apart, will be set by the participants. We need at least six people who commit to the entire series. All are welcome. Bring a friend! QUESTIONS?

## MESSAGE FROM THE MUSIC DIRECTOR . . .

We are indeed blessed to sing an abundance of hymns that have successfully weathered the test of time. Yet they comprise a surprisingly small fraction of the multitude of worship songs that have been written over the past few centuries. Our first observation is likely to be how dated the words are. As I revisit my collection of old hymnals, however, what jumps out at me is the sheer variety of subjects covered in these works.



One pervasive theme during the Victorian era was saving the lost, wandering soul. Many hymns evoked images of a sinner fighting to stay alive in the tossing waves, swimming toward the welcoming lighthouse that was God.

*Brightly beams our Father's mercy from His lighthouse evermore  
But to us He gives the keeping of the lights along the shore  
Let the lower lights be burning! Send a gleam across the wave!  
Some poor fainting, struggling seaman you may rescue, you may save*

Salvation could also come by way of the pleas from the sinner's sainted mother.

*In a lonely graveyard, many miles away  
Lies your dear old mother 'neath the cold, cold clay  
Mem'ries oft returning of her tears and sighs  
If you love your mother, meet her in the skies*

*Listen to her pleading, "Wand'ring boy, come home"  
Lovingly, entreating, do not longer roam  
Let your manhood waken, heav'nward lift your eyes  
If you love your mother, meet her in the skies*

Some songs extolled the virtues of a Christian marriage providing the foundation for a happy home. Imagine the following text set to a ponderous German chorale in a minor key -- which it was.

*O blessed home where man and wife  
Together lead a godly life  
By deeds their faith confessing  
There many a happy day is spent  
There Jesus gladly will consent  
To tarry with His blessing*

One of the most prevalent subjects was death. Here is the first of eleven verses for a classic example.

*Who knows when death may overtake me?  
Time passes by, my end draws near  
How swiftly can my breath forsake me  
How soon can life's last hour appear  
My God for Jesus' sake I pray  
Thy peace may bless my dying day*

And of course, the end times.

*Day of wrath, O day of mourning  
See fulfilled the Prophet's warning  
Heaven and earth in ashes burning*

There were eighteen more verses.  
Happy spring!

*John K. Read*

### ST. DAVID'S MEN'S CLUB

Recently the Vestry decided to start a Men's Club as a means to explore activities as a group. There will be an informational meeting on **Saturday, May 13th at 10 AM** in the March Room. Jim Logan and George Armstrong have volunteered to get the group started. If you are interested in joining but cannot attend this meeting, please contact Jim at [jimlogan3579@gmail.com](mailto:jimlogan3579@gmail.com) or call 339-364-0250.

## **TAKEAWAY MEAL/PAPER PANTRY REPORT FOR APRIL 2023**

On April 19, 2023, we held Takeaway Meal number 74. We are blessed to be able to provide for the needs of Cape Cod and are thankful for the support we have received over the years from St. David's and organizations and the people of Cape Cod. We planned for and served 220 meals. In addition, the 71 attendees took home bags of personal hygiene items for themselves and family members. Items distributed included 100 bars of personal soap, 60 tubes of toothpaste, 100 rolls of paper towels and 160 rolls of toilet paper. The Fishermen's Alliance provided several cases of fish stew and haddock chowder. Stop and Shop provided many loaves of bread. Each month, we give out hundreds of personal hygiene items and your donations ensure that all attendees get what they need. Soap, tooth paste, deodorant, and shampoo are always appreciated. With SNAP benefits being reduced, these bags will be even more important to the attendees. Volunteers are always welcome on the Tuesday before the event at 12:30 to help assemble these bags. Covid test kits were distributed free of charge. The recipients of the meal and personal hygiene products included several St. David's families. We have received financial donations from parishioners, The United Way, The Hunger Food Network (also supports The Paper Pantry), The Episcopal City Mission, and a friend of St. David's. We received several gift cards from The Major Crisis Relief Fund to purchase food items from Stop and Shop. We recently received a grant from The Aid to The Homeless Fund and John B Tew Family Fund of The Cape Cod Foundation. The Retired Men's Club of Cape Cod and The Yarmouth Rotary also donated funds. We give special thanks to the Special Ministries Committee of St. David's for their ongoing financial support of the program. Paper bags were generously provided by the members of St. David's. We once again have a large inventory of bags and do not need more for the time being.

An announcement about the programs was placed in The Cape Cod Times and sent to the COAs in surrounding communities. The next meal will be on Wednesday, May 17th. We plan on serving and BJ's chicken. Helpers are needed to prepare and pack food on Tuesday and Wednesday mornings, starting at 9:00 AM and to distribute meals Wednesday afternoon, starting at 12:45 PM. We REALLY NEED cookies and brownies ( NO NUTS), preferably home baked. Items from the grocery store are also welcome. Please note they should be dropped by 9:00 AM Tuesday morning in either Nelson Hall or The Common Room. "Thank You" to everyone who makes this event happen!

If you have questions, please contact Richard or Kathleen Banks, Meredith Krueger or Chris Morassi.

## **FOOD BASKET REPORT**

As of the 16th, we had collected 254 items in April for The Hands of Hope Food Pantry. The new WISH LIST is: Pasta Sauce; Macaroni & Cheese; Kids' Snacks; Spam; Tuna; Hamburger Helper; Pasta Roni; Cereal; Applesauce; Fruit Cups; Baked Beans; Coffee and Tea; Brownies, Cake or Cookie Mix; Stuffing; Jelly; Mayo, Ketchup; Pickles and Onions. You may leave your contributions on the pew at the back of the church. Thank you to everyone who enables St. David's to respond to the needs of the Food Pantry.

Elizabeth Rixham, 508-385-7450



## **PRAYER CARDS**

Prayer Cards are in the pews and on the table at the back of the church. After filling one in, please put it in the Prayer Box on the back table. The cards are picked up regularly and the requests, which are kept confidential, are passed on to the Prayer Group members. We would love to welcome more "PRAYERS" as our group has become quite small. Please contact Elizabeth Rixham at 508-385-7450 or at rixhamb@hotmail.com. Thank You.

## **COMBINED CONCERT - CAPE COD CHORALE AND CHORAL ART SOCIETY OF THE SOUTH SHORE "Mozart Requiem", Fanny Mendelssohn's "HIQB", & Felix Mendelssohn's "Verleih Uns Frieden" Four Soloists, Three Composers, Two Choruses and One Orchestra!!**

Friday, May 6th, 4 PM, Scituate High School, 606 Chief Justice Cushing Hwy., Scituate

Saturday, May 7th, 4 PM, Mashpee Middle-High School, 500 Old Barnstable Road, Mashpee

To purchase a ticket for the Mashpee performance, please see Becky Alden or Nancy Moyer.

Visit [www.capecodchorale.org](http://www.capecodchorale.org) for more information.

## THRIFT SHOP CALENDAR

SATURDAY, MAY 6th, Front Lawn (weather permitting) - Summer rental and college apartment sale; small furniture, lamps, rugs, dishes, household items. Setup help needed at 8 a.m. if you can make it.



Start getting ready for the June Sale - Plant Pot Up! Get your divided outdoor and indoor plants ready. Check your garage, shed and basement for outdoor tools, garden items, home improvement items, outdoor games and sports equipment. All can be dropped off at the shop on Thursdays and Saturdays, 10 a.m. - 2 p.m.



### DYECHE CARING CARDS

As an update on our Caring Card sales.....so far for April (the 2nd to the 23rd) our DYECHE card sales have been \$5,645.00. This is not good! Remember we are aiming for \$1,500 per week. We did that only on two Sundays in April. We had two Sundays over \$1,500 and 2 Sundays below \$1,000. Again, we are asking you to purchase a grocery card (or more) for your use when you go to the store. Easy.....

1. You purchase a card for one of the many grocery stores we have (or other businesses).
2. Use that card when you shop for the week.
3. HAC receives 5 per cent of the total sale to help a client keep their home!

Does this sound familiar? It should as you have all heard it enough times. It is such an easy way to raise funds for homeless prevention. If you are not a regular "card shopper", we welcome you to jump aboard and join those that already purchase cards from DYECHE and know the feeling of helping out. Thank you. Claire Tyner, Sec., DYECHE



### Next Blood Drive at St. David's - Tuesday, May 2, 2023, 11AM-5:30PM, Nelson Hall

The American Red Cross is experiencing an emergency blood shortage. The worst in a decade. Some hospitals are beginning to postpone blood transfusions due to the blood shortage. Donors of all blood types - especially type O - are urged to make an appointment to give now to meet the needs of patients. Thank you to everyone who donated last month. If you can't make an appointment for our drive, please consider registering for a different date. Schedule your appointment at [RedCrossBlood.org](https://www.redcross.org).

For inspiration to become a Red Cross Volunteer in Disaster Services, please enjoy the following Angels of Mercy YouTube Video at <https://www.youtube.com/watch?v=NyAJg7aFGG8>

*Thank you! Becky Alden*

## 2023 CHRISTMAS FAIR

Happy month of May! April showers bring May flowers. In just six (6) months, we will be having our Christmas Fair. Mark your calendars --- Saturday November 11th.

Kent Steinnagel and I are the Co-Chairs this year. We are looking for outstanding Raffle Baskets. Nora Monteiro-Hunt will be contacting the bakers in the church for the delicious baked goods. We also our having the Mason Jars filled with healthy dried ingredients to make 'homemade' soup. And of course, our knitters, crocheters and sewers (stitchers) will be selling their gifts.

Besides the variety of Christmas/Holiday Wreaths, we also will be selling containers of the flavorful, tasteful and savory Chowders, Potato Leek Soup, Pasta Faggioli and Chili (?). Of course, Tammy Blackwell will be coordinating the Infamous Nelson Hall Apple Pie bakers!

Are you stumped for ideas? How about Jams or Jellies? Or maybe Pickled Red Onions? or Double Hot Horseradish Mustard. I have started a notebook of ideas that we can share with you. We can't wait for the ideas to flow in from others! Thank you in advance for making the Christmas Fair a huge success.

Robin Ward and Kent Steinnagel, Co-Chairs





Cape Cod and the Islands  
Chapter of the American  
Guild of Organists  
presents . .

**HEINRICH CHRISTENSEN,**  
Organist

Sunday, May 7, 2023, 3 P.M.

West Parish  
2049 Meetinghouse Way  
West Barnstable



**Coffee with God**

**May 20, 2023**  
**10:00 - 11:30 am**

Join us in the Kimber Chapel for coffee and  
conversation about our spiritual journeys.  
Please wear a mask and bring your own coffee.  
*Rev. Andi Taylor, Rector*

**SAVE THE DATE!!**  
**Sunday, May 21, 2023**  
**Visitation to St. David's by the**  
**Reverend Kelly O'Connell, Regional Canon**

**ST. DAVID'S EPISCOPAL CHURCH**

**205 Old Main Street**  
**South Yarmouth, MA 02664**



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**Fri 9:00am-Noon**

**Website: [www.stdavidscapecod.org](http://www.stdavidscapecod.org)**

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